

CURRICULUM

VILLAGE NATURE CURE WORKER(VNW)

Competency Based Curriculum



**Counvil for Technical Education & Vocational Training
(CTEVT), Sanothimi, Bhaktapur**

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1. Aim and Objective:

This curriculum for Village Nature Cure Worker (VNW) is designed to equip trainee with skills and knowledge of yoga and Nature Care to make the trainees competent in the application of these skill and knowledge in the Village level of the country in order to prevent and cure human disorders.

2. Course Description:

This course provided the skill and related technical knowledge in all duties and tasks of "A Village Nature Cure Worker".

There will be both demonstrations by instructors and opportunity by trainees to perform skills/tasks necessary for the **VillageLevel Nature Cure Health Workers**. Trainees will learn the skills using typical tools/equipment/materials and supplies necessary for the course.

Trainees successfully completing this course will be able to perform yogasanas &pranayama, methods of Nature Cure, manipulative treatment, manage First Aid and Emergency cases and Conduct management of diseases, Clinic and Hospital.

3. Course Structure:

Subject	Nature of Course	Hours/week	Hours Year	Full Marks
1. Anatomy, Physiology and Nutrition	P	6	117	75
2. Yoga and pranayama	P	8	156	100
3. Methods of Nature Cure	P	4	78	50
4. First Aid and Emergency Cases	P	4	78	50
5. Manipulative Treatment	P	6	117	75
6. Management of Disease, Clinic and Hospital	P	12	234	150
Total:		40	780	500

4. **Duration:-** 780 hours (Six months)

5. **Medium of Instruction:-** Nepali and /or English

6. **Pattern of Attendance:** - Regular Attendance in Classes

7. Entry Requirement:

1. Minimum of Eight class pass
2. Age- years old
3. Entrance Examination
4. Citizenship –Nepali

8. Subjects:

8.1. Subject :- Anatomy, Physiology and Nutrition

Duty	Tasks	Related Technical Knowledge
1. Examine the concept of Human Anatomy/Physiology form Yogic and nature Cure View.	1. Draw Typical diagram of human body.	1. Definition and concept of <ul style="list-style-type: none"> • Human and to anatomy • Anatomical terminologies • Physiological terminologies • Human body
	2. Identify/draw diagrams of: <ul style="list-style-type: none"> • Cell • Tissue • Organ • System 	2. Definition/concept, function, type & characteristics of <ul style="list-style-type: none"> • Cell • Tissue • Organ • Body System Purpose of body system, concept of body system.
	3. Identify/draw skeletal system of human body.	3. Concept of skeletal system <ul style="list-style-type: none"> • Functions of skeletal system bones • Classification of bones <ul style="list-style-type: none"> ○ Bones of head ○ Bones of trunk ○ Bones of limbs
	4. Identify muscles of human body.	4 Definition/concept of muscle and muscular system. <ul style="list-style-type: none"> • Structure & function of muscular tissue/system. • Types of muscular tissue <ul style="list-style-type: none"> ○ Muscles of head & neck ○ Muscles of upper limb & pectoral girdles ○ Muscles of chest & vertebral column ○ Abdominal muscles ○ Muscles of lower limbs and pelvis girdles.

	5. Identify joint of human body.	5. Concept, types, functions/movement of different joints of human body parts.
	6. Draw nervous system of human body.	6. Concept of Nervous system <ul style="list-style-type: none"> • The nerve cells • Types of nerve • The central Nervous system • The peripheral Nervous system (NS) • Autonomic NS • Sympathetic NS • Parasympathetic NS • Function of Nervous system Identification of the parts of nervous system.
	7. Draw digestive system of human body.	7. Structure and function digestive organs <ul style="list-style-type: none"> • The alimentary tract • Accessory organs Physiology of digestion/metabolism & function of digestive system.
	8. Draw respiratory system of human body.	8. Concept/Identification & functions of organs of respiratory system. Function of each parts of respiratory system process of air exchange
	9. Draw circulatory system of human body.	9. Concept/Identification of circulatory system & its parts. <ul style="list-style-type: none"> • Structure/function of <ul style="list-style-type: none"> ○ Heart ○ Cardiac cycle ○ Heart beat ○ Blood vassals ○ Arterial system ○ Veins system ○ Blood & its composition ○ Blood group ○ Blood pressure

	10. Draw lymphatic system of human body.	10. <ul style="list-style-type: none"> • Concept of Lymphatic system • Immunity structure and function of lymphatic system. • The spleen. • The thymus and lymph nodes.
	11. Draw excretory system of human body.	11. Concept of excretory/ Urinary system. <ul style="list-style-type: none"> • Structure and function of kidney, ureter, urethra and urinary bladder. • Physiology of urine formation.
	12. Draw Reproductive system of human body.	12. Structure and function of male and female reproductive system and their component parts.
	13. Identify sense organs of human body.	13. Structure and function of eye, ear, nose, tongue and skin.
	14. Enlist function of Endocrine system	14. Structure and function of endocrine/ glandular system. <ul style="list-style-type: none"> • The pituitary gland • Thyroid and parathyroid glands. • The adrenal glands • Ovaries • Testis • Islets of Langerhans.

Duty	Tasks	Related Technical Knowledge
2. Analyze Nutrition/Naturopathic food preparation	1. Classify foods/drinks	1. Panchabh puautika classification of foods and drinks.
	2. Identify the ingredients of food.	2. Raw ingredient/materials to be used while preparing naturopathic food.
	3. Identify the concept of: <ul style="list-style-type: none"> • The need of pure water for healthy living. • The need of green vegetables/fruits for health. • Effect of uncooked food on health. • Natural food and art of cooking. • Maximum nutrition in minimum price. • Importance of roughages in food. 	3. Concept of: <ul style="list-style-type: none"> • Need of pure water • Green vegetables, fruit and health. • Uncooked food and health • Natural food and art of cooking. • Maximum nutrition in minimum price. • Importance of roughages in food.
	4. Maintain balance of acid and alkali in food.	4. Need and method of balancing acid and alkali in food.
	5. Identify age wise need of food/nutrition.	5. Concept of age wise need of food and nutrition.
	6. Identify basic rules of taking food.	6. Importance of chewing. Basic rules of eating food.
	7. Advise right food for right person.	7. Concept of the type of the food to be taken and not be taken according to the health status of a person or season and their harmful/beneficial effects.
	8. Collect ingredients of natural food.	8. Identification and collection of raw food materials/food ingredients.
	9. Prepare different naturopathic foods.	9. Procedure of preparing different naturopathic dishes. Concept of naturopathic dishes/foods.
	10. Serve the food.	10. Procedure of serving food according to the calorie need of the individual. Need for healthy child/adult/old. Need forsake child/adult/old.

	11. Identify the nutritive value of food.	11. Concept of nutritive value of food. Nutritive value of different types of foods.
	12. Develop habit of taking naturopathic food.	12. Concept of habit formation, importance of developing the habit of preparing and taking naturopathic food for the preservation and promotion of human health.

8.2. Subject:Yoga and Pranavama

Duty	Tasks	Related Technical Knowledge
1. Perform Yoga/ Pranavama	1. Identify the concept of Yoga	1. • Yoga <ul style="list-style-type: none"> • Definition • Concepts • Aims & objectives
	2. Identify the concept of different types of Yoga	2. Different types of Yoga: <ul style="list-style-type: none"> • Raja Yoga • Bhakti Yoga • Hath Yoga • Gyan Yoga • Laya Yoga • Karma Yoga • Tantra Yoga
	3. Identify philosophy of Yoga	3. Philosophy of Yoga <ul style="list-style-type: none"> • Yoga sutras • Eight steps if Yoga(Asthanga Yoga)
	4. Identify the various effects Yoga Asans of different system.	4. Effects of various Yoga Asans of different systems: <ul style="list-style-type: none"> • Circulatory system • Skeletion system • Nervous system • Vital organs.
	5. Identify curative effect of: <ul style="list-style-type: none"> • Asanas • Prapanyams • Mudras • Bandhas, and • Rriyas 	5. Curative effect of: Asanas, Prapanyams, Mudras, Bandhas, and Rriyas.
	6. Differentiate Yogic from non-Yogic exercise.	6. Differentiate between Yogic from non-Yogic exercise.
	7. Identify relation of Yogic to mental health	7. Yoga and mental health
	8. Practice Syrya-Namaskar	8. Syrya-Namaskar
	9. Practise the followings: <ul style="list-style-type: none"> • Common Asanas • Pranayams • Mudras • Bandas, and • Kriyas 	9. Concept, types benefits and procedures of: <ul style="list-style-type: none"> • Common Asanas • Pranayams • Mudras • Bandas, and • Kriyas

8.3. Subject:Methods of Nature Cure

Duty	Tasks	Related Technical Knowledge
1. Examine Principles/Practices of Nature Cure.	1. Identify basic principles of nature cure	1. Basic concept of nature cure and their importance for improving human health.
	2. Identify concept of natural immunization.	2. Concept and importance of natural immunization in human body.
	3. Promote natural immunization in body.	3. Natural immunity system in human body. Methods of strengthening/preserving/promoting natural immunity system in human body.
	4. Enlist the methods of nature cure.	4. Methods of nature cure with their explanation and importance.
	5. Carryout mud therapy.	5. Concept, types, importance and practice procedure of mudtherapy.
	6. Carryout hydrotherapy.	6. Concept, types, importance and practice procedure of hydro therapy/water therapy.
	7. Carryout diet therapy	7. Concept, importance and process of diet therapy.
	8. Carryout chromo therapy.	8. Concept, advantage, principles and procedure of chromot therapy (sun rays/ light/ colour therapy.)
	9. Carryout sound/music therapy.	9. Concept, advantage, principles and procedure of music/sound therapy.

8.4. Subject:First Aid and Emergency Cases

Duty	Tasks	Related Technical Knowledge
Handle First Aid/Emergency cases through nature cure approach	1. Carry out first aid treatment.	1. Definition/concept of first aid treatment. Factor to be considered while carrying out first aid treatment. Principle and procedures of first aid treatment.
	2. Treat dehydrate case	2. Identification/sign and symptoms of dehydrate case. Method/procedure of treating/managing dehydrate case.
	3. Manage shock	3. Sign/symptoms and procedure/method of managing shock.
	4. Manage hemorrhage	4. S/S and procedure/method of managing hemorrhage.
	5. Manage poisoning	5. Sign/symptoms and procedure/methods of managing poisoning.
	6. Manage abdominal colic	6. Concept, S/S/ and method/process of managing abdominal colic.
	7. Manage fever	7. Concept, causes and method of managing fever.
	8. Manage burns/injuries	8. Concept S/S and process of managing burns/injuries.
	9. Carry out treatment of drawing	9. Sign/symptoms and first aid/treatment of drawing.
	10. Manage animal bite cases <ul style="list-style-type: none"> • Snake bite • Rabid animal bite • Insect bite 	10. S/S, procedure and importance of managing animal bite cases <ul style="list-style-type: none"> • Snake bite • Rabid animal bite • Insect bite
	11. Manage heat stroke case	11. Sign/symptoms and procedure of managing heat stroke. (LOO)
	12. Manage altitude sickness	12. Sign/symptoms and procedure of managing altitude sickness.
	13. Manage cold sickness/frost bite	13. Sign/symptoms and procedure of managing cold sickness/frost bite.
	14. Apply nature cure approach	14. Applying nature cure methods.

8.5. Subject: Mainpulative Treatment

Duty	Tasks	Related Technical Knowledge
Perform Mainpulative Treatment	1. Identify the theory of massage	1. Concept of: Manipulative treatment <ul style="list-style-type: none"> • Massage • Theory of massage • Physiological effects upon? • Skin • Muscular system • Circulatory system • Digestive system and • Nervous system
	2. Perform following massage manipulations Hacking Stroking Percussion Petrispange Friction Tapotment Vibration and Shaking	2. Massage manipulation <ul style="list-style-type: none"> • Hacking • Stroking • Percussion • Petrispange • Friction • Tapotment • Vibration and • Shakin
	3. Identify therapeutic uses of massage	3. Therapeutic uses of massage.
	4. Manipulate points of Acupressure	4. Points of Acupressure and their manipulation methods, uses and limitations.
	5. Carry out massage therapy	5. <ul style="list-style-type: none"> • Procedure of massage therapy and • Zone therapy.

8.6. Subject: Management of Diseases, Clinic and Hospital

Duty	Tasks	Related Technical Knowledge
1. Explain Patient	2. Explain blood pressure (B.P.) of patient.	1. Concept of normal/abnormal B.P. procedure of examining blood pressure of the patient and reporting.
	3. Explain body temperature.	2. Concept of normal/abnormal body temperature and procedure of taking body temperature and reporting.
	4. Explain the pulse rate of the patient.	3. Concept of normal/abnormal pulse rate and procedure of taking the pulse rate of the patient.
	5. Examine the skin of the patient.	4. Concept of normal/abnormal skin and procedure of examining skin.
	6. Explain tongue.	5. Normal and abnormal tongue and process/method of examining tongue of patient.
	7. Explain nail.	6. Normal and abnormal nails and method of examining nail of the patient.
	8. Explain eye.	7. Characteristics of normal and abnormal eye and method of examining the eye.

Duty	Tasks	Related Technical Knowledge
3. Treat patient through nature cure approach	1. Diagnose disorders/diseases.	1. Classification of human diseases in naturopathy. Naturopathic principles and procedure of diagnosing/ treating human diseases.
	2. Treat ENT diseases.	2. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure ENT diseases through nature cure approaches.
	3. Treat Respiratory diseases.	3. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure respiratory diseases through nature cure approaches.
	4. Treat Bat diseases.	4. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure bat diseases through nature cure approaches.
	5. Treat Diabetes.	5. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure diabetes diseases through nature cure approaches.
	6. Treat Heart diseases.	6. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure heart diseases through nature cure approaches.
	7. Treat Stomach diseases.	7. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure stomach diseases through nature cure approaches.
	8. Treat Skin Diseases.	8. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure skin diseases through nature cure approaches.
	9. Treat Infant diseases.	9. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure child diseases through nature cure approaches.
	10. Treat Female diseases.	10. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure female diseases through nature cure approaches.

	11. Treat Male diseases.	11. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure male diseases through nature cure approaches.
	12. Treat Mental diseases.	12. Sign/symptoms. Concept, causes, common types, prevention and treatment procedure mental diseases through nature cure approaches.

Duty	Tasks	Related Technical Knowledge
4. Carry out Nursing care/Family planning activities through nature cure approach	1. Identify basic concept of nursing care	1. Concept, nursing care, basic principles and procedure of nursing care, concept of psychotherapy and role of love/affection/positive thinking in patients health improvement.
	2. Carry out nursing care for infant.	2. Procedure to nursing care for infant and its importance for nature cure point of view.
	3. Carry out nursing care for adult.	3. Nursing cure for adult/old need and importance of it from nature cure point of view.
	4. Provide nutrition advice.	4. Concept of nutrition and advising for nutrition to the needy from natural cure point of view.
	5. Communicate public health education.	5. Need and method of public health education from nature cure point of view.
	6. Provides family planning services.	6. Concept of family planning, natural means family planning, concept and prevention of sexually transmitted diseases and providing/advising family planning serves to the needy.
	7. Assist in managing health post/clinic.	7. Principles of management and procedure managing nature cure health post/clinic.

Duty	Tasks	Related Technical Knowledge
5. Develop Hospital/Clinic management.	1. Develop planning skills.	1. Concept of hospital and hospital management. Preparation and importance of plan in hospital management.
	2. Develop organizing skills.	2. Concept, importance and procedure of organizing hospital activates.
	3. Develop directing skills	3. Concept, importance and procedure of directing in hospital management. Roles and methods of motivation, communication, coordination and leadership in hospital management.
	4. Develop controlling skills	4. Concept, importance and procedure of controlling hospital activities to attain its goal. Concept and methods of supervision, evaluation and follow up to the hospital activities.
	5. Develop decision making skills.	5. Concept, importance and steps if decision making in hospital environment/situation.
	6. Apply general management principles in hospital management.	6. Concept, identification and importance of general management principles and their application in hospital management.

9. Reference Books.

1. **Manv sharira Dipika** Dr. Mukunda Swarup Verma
2. Ayurvediya kriya Sharita Dr. Rajendra Raj Desai
3. Anatomy & Physiology for nurses F.F. Armstrong
4. Arogy Prakash Vaid Ram Narain
5. Principle and practices of nature Cure H. Lindlahr
6. Yoga Practice Shivananda
7. Patanjali Yoga Pradipika Swami Omanand
8. Diet and Diet Reforms Mahatma Gandhi
9. Yogic way to Cure disease Swami Shivanand
10. Yogadipika B.K.S. Lyengar
11. Yoga and Medicine Stenvent F. Prema M.D.
12. Brahamachrya for boys and girls Swami Shivanand
13. Rogon Ki Saral Chikitsa Vittha Das Modi
14. Bhairanga Yoga Swami Yogeshwaranand
Saraswati
15. Astanga Yoga Varanana (From Bhakti Sagar) Charna Das
16. Yogasana Vijnan Dhirendra Brahmachari
17. Yogic Suksma Vyayama Dhirendra Brahmachari
18. Yoga Rahasya Narain Swami

19.	Shiv Samhita	Raj Bahadur Srisa Chandra Vasu
20.	Hatha Yoga Pradipika	K.S.M. Y.M. Samiti, Lonaavala
21.	Ghoranda Samhita	Swami Digamberji
22.	Yoga- Sector of youth & Energy	Swami Ritzanand Saraswati
23.	Yogic Chikitsa	Swami Kuvalyanand
24.	Asana Pranayama Bandana & Mudras	Swami Satyanand
25.	Ahara Chikitsa	Hira Lal
26.	Concentration and Mediation	Swami Shivanand
27.	Mind its mysteries and Control	Swami Shivanand
28.	Science of Soul	Swami Yogeshwar and Saraswati
29.	Nutritive value of Indian Foods	National Institute of Nutrition, Hyderabad
30.	Clinical Dietetics and Nutrition	F.P. Anita
31.	Can lifestyle change reverse corionary heart di	Dean Ormish etal
32.	Fasting for Health and long life	Hero worrd Currington
33.	Scientific Fasting	Azzard linda
34.	Colour Therapy	R.B. Ambar
35.	The Principles of Light and Colour	Dr. E.D. Dalbit
36.	Science of Facial expression	Louiskunne
37.	Philosophy of Nature Cure	Henoy Linda

38.	Practice of Nature Cure	Henry Linda
39.	An Introduction to Medical Technology	F.J. Baker
40.	Micro Analysis in Clinical Bio-chemistry	Wooton
41.	Instrumental methods of Analysis	Wilard
42.	A Yogoligist Guide to Principals & Technique.	Bryn & Keith
43.	Varley's Practical Clinical Bio –chemistry	Gowek look
44.	Anatomy & Physiology for Nurses	ELBS
45.	Anatomy & Physiology	Sears
46.	Medical Laboratory manuals for Developing C.	Minica Chessbrough
47.	Introduction to Medical laboratory Technolo	F.J. Baker (BLBS)
48.	Midwifery	Mays & Myles
49.	Gynecology	Howwkins
50.	प्रसवको स्याहार	राधा राना भाट
51.	गर्भवती महिलाको स्याहार	सकुन्तला शाक्य
52.	प्राकृतिक चिकित्साद्वारा रक्त चाप	डा. अयोध्या प्रसाद मिश्र
53.	रोगीको अचुक चिकित्सा	डा. जानकीशरण बर्मा
54.	योगासन	डा. के. अरुणाचलम
55.	स्वास्थ्य ही धन है	डा. बि. एस. वेदी
56.	आकास वा उपवास चिकित्सा	डा. ओमकार नाथ
57.	डवास नेचर गाइड	डा. आर. एस. डवास

58.	जल चिकित्सा	डा. ओकार नाथ
59.	मिट्टी चिकित्सा	डा. ओकार नाथ
60.	सूर्य किरण चिकित्सा	डा. ओकार नाथ
61.	आकृति निदान	डा. लुई कुने
62.	प्राकृतिक चिकित्सा एवं गोय (बैज्ञानिक)	डा. नरेन्द्र कुमार नीरज
63.	प्राकृतिक आर्यु विज्ञान	
64.	मानव शरीर रचना	डा. जानकीशरण बर्मा
65.	भोजन और स्वास्थ्य	डा. ओकार नाथ
66.	मेरा आहार मेरा स्वास्थ्य (भाग - ३)	डा. नीरज
67.	बैज्ञानिक मालिस	डा. सत्यपाल
68.	रोगीको सफल चिकित्सा	डा. नगेन्द्र कुमार नीरज
69.	वायु चिकित्सा	डा. ओकार नाथ
70.	Diet Curse more than Doctor	Dr. B.S. Bedi
71.	Panchatantra	Dr. B. Venkat Rayo
72.	Human Culture and Cure	Dr. Babbit
73.	नेपाली लेखकका पुस्तकहरु	
74.	आरोग्यकी कुन्जी	एम. के गान्धी

10. Certificate Requirement

The trainees should meet all the requirements of the curriculum to obtain the training certificate of "Village nature Cure Worker" from the related training institute. Interested graduates may sit in skill testing examination of Level-1 (non gazetted 3rd class) conducted by Skill Testing Division of CTEVT for the recognized certificate.

11. Facilities:

1. Land.
2. Well equipped sufficient buildings.
3. Well equipped modal class rooms.
4. Well equipped yoga prayer hall.
5. Well equipped hospital.
 - O.P.D.
 - I.P.D.
6. Well equipped laboratory.
7. Well equipped library.
8. Well equipped hostel.
9. Other facilities.

12. List of Tools/Equipment, machines and Supplies

12.1. List of Basic Equipment:

S.N.	Name of the Items
1.	Jalenti Lotas
2.	Vastra Dhauti
3.	Sutra Neti
4.	Darri Small
5.	Dari big
6.	Jug Steel
7.	Dhauti pot (white medical pot)
8.	Buckets
9.	Steel Glass
10.	Spoon
11.	Hot water tub
12.	Anatomy physiology map set (16 number)
13.	Black board
14.	Essential text books in yoga/naturopathy
15.	Other supplies

12.2. List of Tools, Material, Equipment, Machines for:

S.N.	Name of the Items
(A) For L.P.O.	
1.	Iron bed (Hospital)
2.	Iron cabinet (Hospital)
3.	Mattresses
4.	Blankets for bed
5.	Pillows with covers
6.	Bed sheets
7.	Furniture for staff
8.	Almirah
(B) For Treatment Section	
9.	Site bath tub (Big)
10.	Do – (Midum)
11.	Do- (Small)
12.	Full immersion bath tub (full size)
13.	Medium immersion size tubs
14.	Foot bath tubs (set of four foot and arms)
15.	Steam bath cabinets
16.	Hot air bath cabinets

17.	Vibratos
18.	Suspension bed fitted with pulleys
19.	Belt massage machine
20.	Bars- 2 sets (5 meter each)
21.	Pulleys (medium) with ropes
22.	Magnetic sets
23.	Magnetic belts
24.	Colour glasses sets
25.	Sun flow (heater)
26.	Roller massager
27.	Shoulder wheel

S.N.	Name of the Items
1.	Rowing machine
2.	Tummy toner
3.	Tummy twister
4.	Quadriiceps table
5.	Thermolium
6.	Hydroculator
7.	Standing table
8.	Glass jars (medium)
9.	Water distiller (elect.)
10.	Emergency bettery lamps
11.	Fridge 225 ltr.
12.	Weighting machine (200 k.g.)
13.	Daris (big)
14.	Dari (small individual)
15.	Stop clock
16.	Local stem pots fitted with pipes
17.	Wax bath apparatus (electric)
18.	Massage table
19.	Sheets for packs (white khadi)

20.	Blankets for packs
21.	Spinal bath tubs (with automatic sprayer)
22.	Chaukies and foot stool
23.	Foot tubs
24.	Thermometer (water)
25.	Office furniture
26.	Wooden pot for mud therapy (big/medium/small)
27.	Cycle for exercise
28.	Furniture for O.P.D. kitchen articles

13. Trainees Evaluation Details:

1. Regular evaluation of the trainees it to be conducted by the related Demonstration/Lecturer to ensure the proficiency over each tasks/skills in each subjects.
2. Related technical knowledge to the task learn by the trainees is to be evaluated through written tests.
3. 80% marks in allotted to the practical work and 20% to the related technical knowledge in each subjects.
4. 60% marks is to be secured by the trainees to pass the subjects having practical nature (P).
5. 40% marks is to be secured by trainees to pass the subjects having theoretical nature (T).
6. There will be three internal assessment and one final examination for each subject.

14. Technical Staff Qualification:

1. Principle:

A Qualified/Naturopath) Degree of Diploma holder from a recognized institution with at least 7 years experience).

2. Yoga/Naturopath lecturer (Diploma in Yoga/Diploma in Naturopathy):

- A qualified naturopath (Degree of Diploma holder)
- Experience: Five years teaching experience in the subject of yoga & Naturopathy.

3. Lecture in Morden Medicine:

Degree of M.B.B.S.

4. Lecture:

Diploma of degree in Ayurveda with at last two years' experience in reputed organization.

5. Yoga Demonstrator (Yoga Prasiksaka):

Diploma or certificate in yoga from recognized institution with at last two years experiences as yoga instructor.

15. Curriculum Revision/Writing Team:

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